What comes to mind when you hear the word *PASSION*? Webster's dictionary defines passion as "an intense emotion compelling action." It lists four synonyms: fervor, ardor, enthusiasm, and zeal.

God has given passions to all people – Christians and non-Christians alike. These intense emotions compel us to take action. Sometimes our passions lead us to positive, constructive results. Other times our passions results in negative, destructive consequences. The difference is whether we are controlled by our sin nature, or for Christians, our spiritual nature. God intends our passions to bring about good in the world as we serve others on His behalf.

Passions are intense desires that God embedded within every believer to make a difference. In Psalm 37:4 passion is described this way: *"Delight yourself in the Lord, and He will give you the desires of your heart."* If the word passion bothers you, then use one of these words instead: desire, interest, concern or burden.

Let's paint PASSION more vividly in dazzling Technicolor so that it's etched in your mind:

- Passion is the spiritual DNA embedded in the core of your being.
- Passion is the fading ember that bursts into flames with a sudden gust of wind.
- Passion is your heart beating faster as blood flows swiftly through the arteries.
- Passion is the hidden melody in your heart suddenly bursting forth in song.
- Passion is a daring journey along a path of discovery into the great unknown.
- Passion is the energy that thrusts you forward toward God's purpose
- Passion is simply where you long to make a difference for Christ on earth.

Long-distance runners keep running through their pain. But if the pain continues, they learn *to listen to their body!*" The body has a way of telling them its physical condition and to take a break and rest up if they are experiencing ongoing pain.

In the same way, listen to your body concerning your passion. Each part of your body is trying to tell you something that may uncover your passion.

#### Directions:

For each question on the next three pages, write down whatever thoughts come to your mind. Don't spend a lot time thinking about your responses. Go with your gut level and write down whatever first comes to mind.



What dream would you pursue if there were no barriers or worries?



What ministry projects or ideas have you heard about that sound very exciting?



What brings tears to your eyes?



What does God currently have you doing to serve others - right under your nose?



What topic of discussion would keep you up late into the night?



What gets your heart pumping faster whenever you hear, talk or read about it?



# Which groups of people attracts your spirit like a magnet?

□ Infants □ Preschoolers

□ Children

□ Junior high

Senior high

College age

□ Single adults

□ Married couples

□ Parents

□ Seniors

□ Internationals

□ Other religions

□ Other races

- □ Young married
  - □ Educators

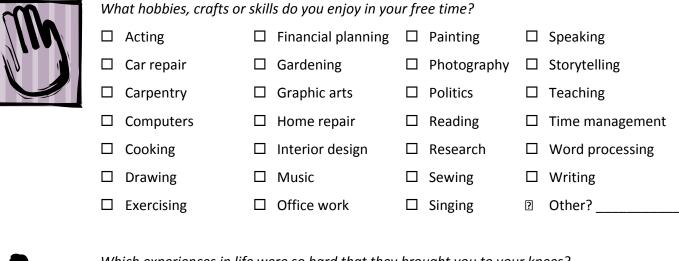
□ Athletes

- □ Entertainers
- □ Executives
- □ Laborers
- □ Homeless
- □ Men
- □ Politicians □ Poor □ Women

□ Military

□ Media

- □ Veterans
- □ Other?





Which experiences in life were so hard that they brought you to your knees?



What experiences in life were so positive you would like to go through them again?

Like different hues of color, there are levels of intensity on a continuum of intensity.

Interests	Concerns				Burdens				Passions
LOW	N	т	Ε	N	S	1	Т	Y	HIGH

#### Directions:

On page 5, read the description for the different levels of intensity. Then go page to pages 2-4 your answer to each question one at a time.. Decide whether this answer is an interest, concern, burden, or passion for you. Write your answer in the appropriate box on the chart.

LEVEL OF INTENSITY	YOUR ANSWERS ON PAGES 2-4
<b>NO INTEREST</b> It doesn't interest me. I don't usually think or talk about it. I forget about it right away. It's not part of my world.	
<b>INTEREST</b> It interests me a little. I sometimes think or talk about it if someone else mentions it. It may linger, but I soon forget about it.	
CONCERN It concerns me more than a little. I often think or talk about it and even bring it up myself. It stays with me for a while before fading. I hope someone does something, but not me.	
<b>BURDEN</b> It concerns me very much. I frequently think or talk about it It is close-at-hand much of the time. I am going to do something about; someone has to!	
<b>PASSION</b> It is a major part of my life. I think or talk about it all the time It is always there and dear to my heart. I am willing to make sacrifices to take action. There is only 1 or 2 in a lifetime	